

We BUILD STRONG KIDS, STRONG FAMILIES, AND STRONG COMMUNITIES.

**LAMPETER-STRASBURG YMCA**

# Futsal

## FOR AGES 8-14

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Futsal is played between two teams of 3, 4, or 5 players, one of whom may be the goal keeper. Unlike some other forms of indoor soccer, the game is played on a hard court surface using the court lines instead of walls or boards. Futsal is also played with a smaller ball with less bounce than a regulation soccer ball. The rules create an emphasis of improvisation, creativity, and technique as well as ball control and passing in small spaces.

Ages 8-10 - Open for Boys and Girls  
Tuesdays 4:00pm—5:30pm  
Session I - January 5th - February 9th  
Session II - February 16th - March 23rd

Ages 11-14 - Open for Boys and Girls  
Thursdays 4:00pm—5:30pm  
Session I - January 7th - February 11th  
Session II - February 18th - March 25th

\$20 for YMCA members  
\$30 for Non-members

**All players must wear sneakers or non-marking indoor flat cleats to play. Shin guards are required for all players. No slide tackling or shoulder charges.**

**Players will be split into teams each week depending on attendance. Players should bring a light (white) and dark (blue) shirt each week.**